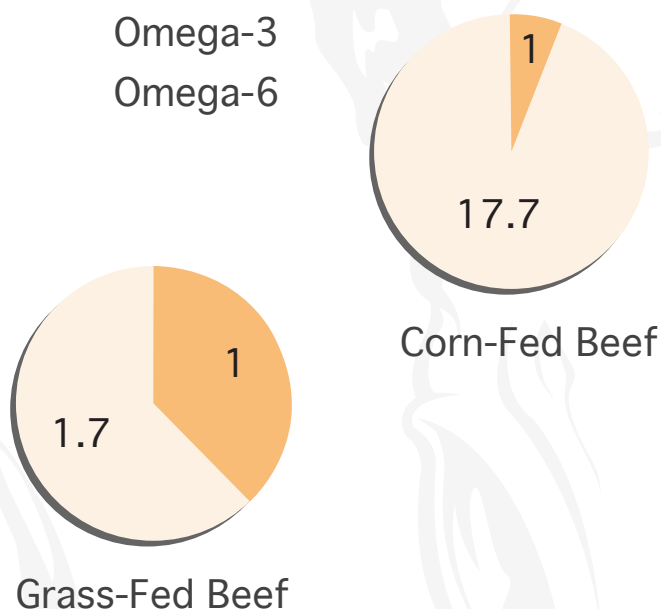
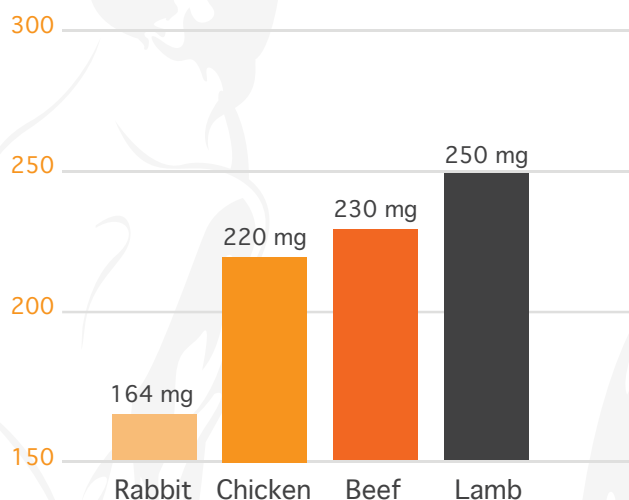


# HOW DOES WILD GAME COMPARE?

## Ratio of Essential Fatty Acids



## Cholesterol Comparisons



## Nutrient Comparison

Meat (3 oz)	Calories	Fat	Saturated Fat
Antelope	127	2	1
Beef	259	18	7
Caribou	142	4	1
Deer	134	3	1
Elk	124	2	1
Moose	114	1	0
Pork	214	13	5

Source: U.S. Department of Agriculture